

THE PROCESS OF CHANGE

Change doesn't happen overnight. But how do you know if you are moving in the right direction?

The therapists at Family Concern Counseling work hard to provide a safe, confidential, and respectful environment for clients to discuss and work through their challenges and feelings. We realize that no problem or pain is trivial and understand that everyone struggles with the process of change from time to time.

Our therapists work from a holistic model and provide clients with tools to develop their emotional, social, relational, spiritual, and physical well-being.

The first step to a better life is often the most difficult. Call today.

"Our goal is to help families work together to deal more effectively with conflict and problem solving."

Marty Villa
Director & Lead Therapist

AREAS OF FOCUS

Relationship Issues
◇
Depression
◇
Stress, Anxiety & Trauma
◇
Grief & Loss
◇
Parent Support & Education
◇
Out-of-Control, Strong-Willed Children or Adolescents
◇
Child, Adolescent, Parent & Family Conflict & Relational Issues
◇
Child & Adolescent Behavioral & School Related Issues
◇
Anger Control & Resolution
◇
Foster & Adoptive Issues
◇
Spiritual Concerns
◇
Premarital & Marriage
◇
Play Therapy
◇

WORKSHOPS & SEMINARS

Trauma Based Therapy
◇
Parent Project: Changing Destructive Adolescent Behaviors
◇
Anger Management Issues
◇
Family Wellness

WE WELCOME EVERYONE

Family Concern Counseling is committed to providing professional and ethical counseling services. Our counselors are available Monday through Friday, including some evenings.

FEES

We charge \$100 per fifty minute session. However, a variety of payment alternatives are available. Alternatives may be discussed by calling our office. Fees vary for groups and prevention programs.



OUR STAFF

All of our staff are master's level clinicians, who are registered with the Board of Behavioral Sciences, and members of various professional associations. Our MFT Interns and trainees are supervised by a licensed Marriage and Family Therapy Supervisor*.

Marty Villa, Director & Lead Therapist of Family Concern

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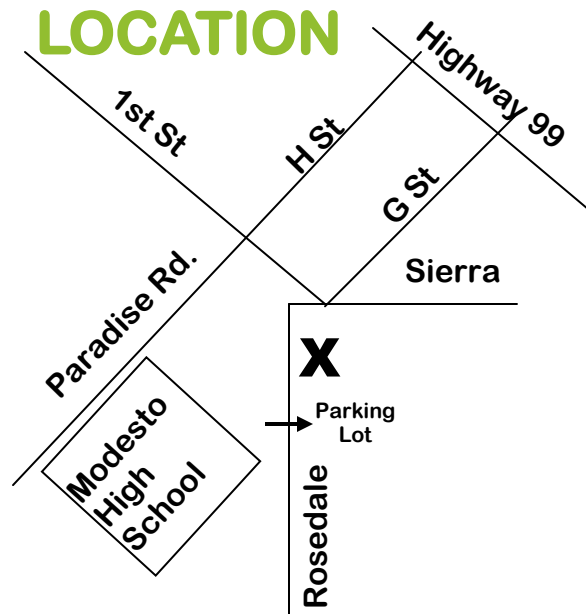
SERVICES

Family Concern Counseling is a service of Youth for Christ-Central Valley. FCC offers services for all ages and faiths.

Call 209-522-9568, ext. 118 or email
rvalenzuela@scyfc.com
for more information.

*Supervised by Curt Willems, MS, LMFT #31419.

LOCATION



We are located in the Youth for Christ Office on the top floor.
Please enter from rear parking lot.

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